

## La Jara Elementary School Newsletter January 2024



## Principal Notes

Dear Parents,

We are excited at La Jara Elementary to start the year 2024. We are striving to make student learning as positive in 2024 as it was in 2023. December was a busy month for us. Teachers in grades K-3 completed our middle of the year DIBELS 8 testing. Grades 4 and 5 also completed our middle of the year McGraw Hill and Star testing. We were able to attain data that shows if our students are achieving growth. Our Christmas program that was held on December 19th was a huge success. Big thanks to our students, Mrs. Gearhart, and the rest of the staff at LJE.

I have a couple of reminders that I would like to share with you. Please call the school when your child is absent. This will help us to keep track of excused and unexcused absences. Please have your child at school in the morning before the 7:50 am bell. When students are late, they miss valuable information and instruction in their classroom. A bad start to the day can lead to an overall bad day for a student. To help with student safety, please continue to use the roundabout to drop off and pick up your child.

We at LJE, want to thank you for your support. If you should have any questions, please contact us. We look forward to a great year in 2024.

Sincerely,

Ricky Salazar





## Upcoming Dates and Events

#### JANUARY 2024

- 8 School Back in Session All Students
- 10 Report Cards Go Home
- 16 PTA Meeting 3 pm
  Board of Education Meeting 6:30 pm
- 26 Teacher In-service NO STUDENTS

#### FEBRUARY 2024

- 5 LJE PTC 4:00 7:00 pm
- 7 LJE PTC 4:00 6:30 pm
- 14 Valentine's Day Celebrations-3:00 pm
- 20 Board of Education Meeting 6:30 pm
- 23 Teacher In-service NO STUDENTS

#### **MARCH 2024**

- 14 End of 3<sup>rd</sup> Quarter
- 18 22 NO SCHOOL DISTRICT WIDE

Spring Break (Classes resume Mar 25)

27 Report Cards Go Home

# Please Mark Your Calendars!



#### **Nurses Notes**

#### Welcome Back!!

I hope that everyone had an enjoyable break from school, and was able to rest and rejuvenate your minds and bodies.

Here are a few health tips to help keep your child well, and to help them have continued success for the 2nd half of the school year.

- 1. Eat breakfast
- 2. Get at least 8 hours of sleep per night
- 3. Get plenty of exercise
- 4. Drink at least 4- 6 glasses of water per day
- 5. Dress warm when it is cold outside
- 6. Limit junk food
- 7. Stay home if you have any of these symptoms: fever of 100.4 or higher, vomiting, cough, muscle aches, diarrhea, runny nose or congestion not related to allergies, headache

Also if you have received a referral letter for vision or hearing for your child please follow up and make an appointment to have your child seen and let the school know if there are any concerns.

Melissa Caldon RN North Conejos School District Nurse

#### From our School Counselor

#### **Perseverance**

This month is all about Perseverance. One way to think about Perseverance is "pushing yourself through challenges and obstacles." We all experience challenges in our lives. We all have moments when we feel like we can't do it or that we want to give up on a big task. It is important to develop tools that help us work through those challenges in order to grow in those moments instead of giving up. How might you practice Perseverance as a family this month? Encourage positive self-talk and mindfulness

- Praise effort and process, and not intelligence
- Put failures and mistakes into a growth perspective
- Give your child the chance to struggle.

Perseverance is 1 of 3 traits we will focus on throughout the year that helps students Be Strong. Throughout the school, students will be developing skills like focusing, organizing, and goal-setting.

Happy New Year! Stephanie Shawcroft







#### PE News!

With winter and cold weather upon us, boots are the thing to wear. While boots are great for snow and warmth, they are not so great for PE class. Please help remind your children to put tennis shoes in his/her backpack the night before PE days so they don't forget them. Snow boots and exercise do not go together!

## Brrrrrrrr!

Colder weather is here. Please see to it that your child brings a coat, hat and gloves to school each day. Students will not be allowed in the building before 7:20 am and recesses will be outside unless temperatures are extremely low. Time to bundling up!



### **Absences and Tardies**

Please make every effort to have your child to school on time. Teachers begin lessons right away and instructional time is very important. If your child is sick, has an appointment or will be out of town, please call the office and excuse them as soon as possible. An automated call will go out at 8:20 to all students' households with students that have been marked unexcused to remind parents to call the school. School attendance is mandatory in the state of Colorado and you may receive a phone call or a visit if attendance becomes an issue.

#### **PTA News**

Welcome back students, we hope everyone had a great break!

We were able to reward each of our teachers with a massage on December 16 for all the hard work they put into teaching! We are planning rewards for our students who get good grades this next quarter.

This month the PTA will continue with our birthday treats to teachers & put up a new bulletin. We are planning preparations for parent teacher conferences and Valentine's Day!

Thanks for all your support!